

Where to Celebrate National Spa Week 2022

BY [TEMPUS](#) | 28 OCT 2022 | [TRAVEL](#)

From Montmartre to the Maldives, Tempus has compiled a list of the best spots to unwind from around the world



Running from 31 October to 4 November 2022, National Spa Week is the ideal way to fight off the winter blues and head to one of the best spas around the world to indulge and unwind.

As our lives are busier than ever, it is important to take time for ourselves, whether that be through a soothing facial, a soak in natural thermal waters or an expert massage using revolutionary techniques and luxury products. So, in honour of National Spa Week, here is a list of some of the best spots to visit this year and beyond:

UK & Ireland:



Billesley Manor Hotel & Spa, UK

[Billesley Manor Hotel & Spa](#), a luxurious hotel in the heart of rural Warwickshire nestled in 11 acres of countryside, just three miles from Stratford-upon-Avon, promises guests a holistic tranquil escape filled with a variety of wellness activities this Winter.

From personalised treatments by ESPA, to wellbeing day retreats, and indoor and outdoor activities, guests can expect a whole host of incredible experiences within this country manor retreat.

Billesley Manor recently partnered with ESPA, a natural skincare and luxury beauty brand, offering guests a variety of personalised, result-focussed facials using the latest techniques for instant and long-lasting effects such as the Active Nutrients Glow from Within and the Natural Face Lift facial.

Europe:



Le Coucou, Meribel, France

Maisons Pariente's [Hotel Le Coucou](#) will be reopening its doors for the winter season on 9th December 2022 with a whole host of new spa experiences and a brand new alpine restaurant Le Fumoir. New for the season, guests can enjoy a mother-daughter and father-son treatment alongside the organic brand Minois. The treatment includes a 40-minute body massage and 20-minute facial.

Le Coucou has also partnered with Aime Skincare, founded by Mathilde Lacombe, offering guests her famous collagen milk drinks, which will be served in the spa, bar and restaurants. Aime Skinware will also provide a simple solution to sleep with the introduction of the sleep and glow treatment alongside a range of skincare products all available at the spa.

Guests will discover KOS essential oils, Le Bouche Rouge, a manicurist and David Mallett haircare available at the hotel ensuring guests are pampered from head to toe.