



Six indulgent wellness breaks to book this summer

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There is nothing more energising and restorative than a spa break; and with a year like we've had – we certainly deserve one.

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The Culloden Estate & Spa, Northern Ireland



The five-star Culloden Estate & Spa — flagship property of Hastings Hotels — has just completed a £750,000 renovation of its wellness space. The new spa now boasts a linear vitality pool with floor-to-ceiling views of the hotel's breathtaking gardens. It also features a 'Tylarium,' which combines the benefits of both a sauna and a steam room. The Spa at Culloden has also revealed a new purpose-built facility called 'The Hollywood Private Clinic' which features a physio room and offers laser and advanced cosmetic treatments too. Not to mention, the hotel has also launched a Bridgerton Inspired Afternoon Tea – which offers a delectable menu that would surely impress even the great Lady Whistledown herself.

Hotel Lou Pinet, Saint Tropez



Maison Pariente's stylish Hotel Lou Pinet has just unveiled a new wellness partnership that adds more lustre to its already stellar Tata Harper spa. Ahead of its reopening on 13 May, the Saint Tropez hotel is welcoming Parisian beautician Martine De Richeville to offer her iconic 'Remodelage technique' to lucky guests. The treatment has been coined as the beauty world's 'secret weapon' to a youthful and energised physique. It is non-invasive and releases the body's cellulite strongholds and gets rid of toxins too. Perfect for ridding yourself of all your COVID-19 sins.